Your competence will be assessed as you complete the objective exam for Chronic Care of the Adult, in conjunction with the simulation assessment in the learning lab (BBA1) and the clinical performance assessment (BDA1). The course covers 5 competencies and represents 4 competency units.

Introduction

Overview
How is chronic illness defined? Should a disease or condition be considered chronic because it lasts a certain period of time? Should a condition be labeled chronic if symptoms are intermittent?

You have already studied acute cardiac conditions related to underlying chronic problems such as high cholesterol or high blood pressure and acute neurological conditions that result in chronic problems. Now you are ready to learn about diseases and conditions that affect the neuromuscular system, the musculoskeletal system, the kidneys, the pancreas, and diseases such as cancer and impaired immunity, which affect every part of the body.

Competencies
This course provides guidance to help you demonstrate the following 5 competencies:

- **Competency 726.5.1: Patient Centered Care of the Adult II**
  The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality nursing care to adults impacted by common injuries and/or diseases that result in a chronic condition with a focus on health perception/ health management.

- **Competency 726.5.2: Care of the Adult with Alterations in Physiologic Defense Mechanisms**
  The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality, patient-centered care to adults experiencing alterations in physiologic defense mechanisms.

- **Competency 726.5.3: Care of the Adult with Alterations in Nutrition, Metabolism, & Elimination**
  The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality, patient-centered care to adults experiencing alterations in nutrition, metabolism, and elimination.

- **Competency 726.5.4: Management of the Care Continuum**
  The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality, patient-centered care to adults as they transition within a care environment or from one environment to another.

- **Competency 726.5.5: Care of the Adult with Alterations in Functional Ability**
  The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality, patient-centered care to adults experiencing alterations in functional ability.

Nursing Standards
You will be able to access Nursing Professional Standards as they apply to your program
through the WGU Library. Please access these documents at the following website:

- [Nursing Standards E-Reserves](#)

**Nursing Dispositions Statement**
Please review the [Statement of Nursing Dispositions](#).

**Course Instructor Assistance**
As you prepare to successfully demonstrate competency in this subject, remember that course instructors stand ready to help you reach your educational goals. As subject matter experts, mentors enjoy and take pride in helping students become reflective learners, problem solvers, and critical thinkers. Course instructors are excited to hear from you and eager to work with you.

Successful students report that working with a course instructor is the key to their success. Course instructors are able to share tips on approaches, tools, and skills that can help you apply the content you’re studying. They also provide guidance in assessment preparation strategies and troubleshoot areas of deficiency. Even if things don’t work out on your first try, course instructors act as a support system to guide you through the revision process. You should expect to work with course instructors for the duration of your coursework, and you are encouraged to contact them as soon as you begin. Course instructors are fully committed to your success!

**Preparing for Success**

The information in this section is provided to detail the resources available for you to use as you complete this course.

**Learning Resources**
The learning resources listed in this section are required to complete the activities in this course. For many resources, WGU has provided automatic access through the course. However, you may need to manually enroll in or independently acquire other resources. Read the full instructions provided to ensure that you have access to all of your resources in a timely manner.

**Manually Enrolled Resources**

Take a moment to enroll in the learning resources listed in this section. To enroll, navigate to the “Learning Resources” tab, click the “Sections” button, and then click the “Enroll Now” button for each resource. Once your mentor approves your enrollment in the resource, you will receive an e-mail with further access instructions. Contact your mentor if you have questions.

**Elsevier Evolve**
The following online course is separate from the e-text enrollment. Enroll for the following online courseware through the Learning Resources tab:

- [Ignatavicius & Workman: Medical-Surgical Nursing (7th ed.)](#)

For assistance locating the Evolve materials assigned in the activities of this course, see the following help document:
Elsevier Evolve Navigation Instructions

Evolve Case Studies Complete RN Collection 2014
In addition to the courseware aligned to your e-text, your enrollment in Elsevier Evolve also provides access to Evolve's HESI Case Studies Complete RN Collection 2014. Once you have enrolled, please follow the instructions below to access the case studies for this course:

1. Log in to your account at Evolve.
2. Under the "My Evolve" tab (top left), scroll through the "Content List" section.
3. Click on "HESI Complete RN Collection."
4. Click on "HESI Case Studies."
5. Click on the folder "Medical-Surgical."
6. Select the assigned case and read the directions.

You will be provided feedback throughout the case study and a performance score upon completion.

Mosby Skills
You will be enrolled in this resource manually by our learning resources staff within two business days of the starting month. Go to the following website to login with the listed credentials:

- Mosby Skills Login

Login Credentials:

- Username: [Your WGU portal login]
- Password: hello

The different sets of skills you will interact with throughout your program are listed under the Pending Tasks or Tasks link. Follow the instructions within the Soomo learning environment to access the appropriate skills for your course.

Assessment Technologies Institute (ATI)
This course utilizes learning modules from ATI. Enroll for access through the Learning Resources tab. Follow the instructions below for specific directions.

Joining ATI Section: You already have an account in ATI, and should have joined the Medical-Surgical section in CASAL II. You will remain in the Medical-Surgical Section for this course.

ATI Skills Modules and Tutorials: Throughout this course you will be asked to complete skills and pharmacology tutorials available on the ATI website. Please complete the tutorial lessons and the post-tests as assigned. You must pass the post-test with a score of 75% or better. The time you spend in the tutorials is tracked by the program. Although you can repeat the post-test multiple times, only the first two attempts will be considered as an indication of your having
mastered the content. The system does not permit you to repeat a post-test for 48 to 72 hours, so plan accordingly. If you do not pass on your second attempt, contact your course instructor for instructions about how you can further your understanding of the material. Be prepared to demonstrate your newly acquired skills in future learning labs and clinicals.

- How to Use Tutorials

Understanding ATI Practice Tests and Remediation: The practice test will help prepare you for the ATI Medical Surgical exam that you need to pass at the end of this course. Practice tests should always be followed with the remediation exercises recommended by ATI. Plan on taking the practice test when recommended in the course of study; begin the remediation shortly after completing the test. Students who do not pass their proctored exams will be required to complete the remediation plan outlined in ATI before they can repeat the exam.

- How to Take A Practice Assessment
- Remediation Instructions

Automatically Enrolled Resources

You can access the learning resources listed in this section by clicking on the links provided throughout the course. You may be prompted to log in to the WGU student portal to access the resources.

Soomo Learning Environment

The following learning environment will be utilized as the primary learning resource for completion of this course:

- Chronic Care of the Adult

This learning environment will contain links at the activity level to the following additional learning resources:

VitalSource E-Texts

The following textbooks are available to you as e-texts within this course. You will be directly linked to the specific readings required within the activities in the Soomo resource.


Note: These e-texts are available to you as part of your program tuition and fees, but you may purchase hard copies at your own expense through a retailer of your choice. If you choose to do so, please use the ISBN listed to ensure that you receive the correct edition.
Other Learning Resources

You will use the following learning resources for this course.

Supplemental NCLEX Study Guide
To assist you in preparing for the NCLEX exam and to review content, the following book is available to you in e-text form. This text is supplemental and will not be linked specifically in any of the activities, but you have access to this resource in e-text form by clicking the linked title provided below:


This resource is strongly recommended to help you review content, assess your knowledge, and experience taking practice test questions. You may be asked to review sections of this resource in order to prepare for an objective assessment, or to remediate after failing to successfully pass an assessment or practice assessment.

WGUNursesRock
The [WGUNursesRock](http://www.wgunursesrock.com) website is an excellent resource to help you throughout your studies in the BSRN nursing program. It was developed by one of the course instructors for this program. The site includes resources to help with test taking, prioritizing your time, management, how to utilize SBAR, resources on the body systems, and pharmacology and lab values. If you are looking for more information on any of these topics don’t hesitate to check out [WGUNursesRock](http://www.wgunursesrock.com).

Chronic Care Learning Community
You will find a link to the Chronic Care Learning Community on your Learning Resources tab. This community contains announcements, student postings and mentor tips for successfully completing this course. All students are expected to access the community on a regular basis.

Accessing and Using Pass-Port
You will need to access the portfolio software, Pass-Port, used in this course and many other courses. You will use this software to create a clinical journal and to receive feedback while attending clinical.

- Accessing PASS-PORT
- Creating a Clinical Field Experience Form
- How to Use Your Clinical Experience Form
- Requesting a Recommendation

Clinical Preparation

Preparing for Clinical Intensive and Clinical Learning Labs
There is a great deal of preparation that accompanies a course with a clinical intensive. This course includes assignments you must complete in order to attend clinical.
Attend Clinical Learning Labs
In the clinical learning labs, you will learn specific nursing skills that you will then apply in simulated patient care scenarios. After approximately five weeks, you will complete the "first attempt" simulation assessment, which takes place in the clinical learning lab. This is an assessment of your ability to respond appropriately in patient care scenarios, and demonstrate clinical skills and your ability to think critically. If you are not successful in this "first attempt" you will participate in a debriefing to identify your challenges to help you prepare for your final attempt (see DUV1 course for further information). The simulation assessment (first or final attempt) must be passed in order for you to attend clinical intensive (BDA1). Please review the "Course Progression" policy in the Student Handbook for further information.

Attend Clinical Intensive
Once you have completed the theory portion of this course and passed the clinical learning lab assessment, you will be ready to engage in the in-hospital clinical experience. This typically occurs during or after the eighth week of the course. Based on your performance in the course, your mentor will refer you for clinical intensive. If referred, the Clinical Placement Scheduler will schedule and notify you of your clinical placement. Once in clinical intensive, you are expected to adhere to professional standards in clinical practice. Please refer to the Student Handbook and the DUV1 course for more information.

Chronic Care of the Adult Learning Environment

All reading activities, discussion questions, quizzes and learning resources for this course are found by accessing the Chronic Care of the Adult learning environment.

Learning Environment
The material for this course is housed in a separate learning environment. In this learning resource, you will be able to

- complete the activities and reading assignments to prepare for the assessment for this course,
- answer the quizzes to gauge your learning, and
- communicate with your mentor and other students as you study

Once you have completed the material within the learning environment, you should return to this course for your exam information.

This topic addresses the following competencies:

- Competency 726.5.1: Patient Centered Care of the Adult II
  The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality nursing care to adults impacted by common injuries and/or diseases that result in a chronic condition with a focus on health perception/health management.

- Competency 726.5.2: Care of the Adult with Alterations in Physiologic Defense Mechanisms
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mechanisms.

- Competency 726.5.3: Care of the Adult with Alterations in Nutrition, Metabolism, & Elimination
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- Competency 726.5.5: Care of the Adult with Alterations in Functional Ability
  The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality, patient-centered care to adults experiencing alterations in functional ability.

**Learning Materials**

Access the learning environment for this course at the following link and complete the readings, activities, and quizzes for the following section:

- Chronic Care of the Adult

**Final Steps**

Congratulations on completing the activities in this course! This course has prepared you to complete the assessments associated with this course. If you have not already been directed to complete the assessments, schedule and complete your assessments now.

**Student Support**

WGU values your input! Please submit any feedback you have using the following form:

- Course Feedback

Access the WGU Library 24 hours a day, 7 days a week:

- WGU Library

Visit the Student Success Center to access a variety of topics that will help you succeed at WGU:

- Student Success Center
Contact the WGU Writing Center for help with any part of the writing or revision process: