Your competency will be assessed as you complete the objective assessment for Caring Arts and Science Across the Life Span II (CFT1), in conjunction with the skills assessment in the learning lab (AGA1), and a clinical performance assessment (AHA1). This course of study may take up to 11 weeks to complete, including the clinical intensive.

**Introduction**

**Overview**
The span of adulthood is very diverse physically, emotionally, and cognitively. Assessing the adult patient requires the nurse to understand growth and development of adults, the aging process, lifestyle, and belief systems that influence the patient's response to changes in health status.

This course of study will look at genetic predisposition to disease based on family history and genetic testing. You will study cardiovascular disorders, respiratory disorders, and neurological disorders and will apply many of the skills you learned in CASAL I.

Completing CASAL II will assist you in recognizing the diverse needs of adult patients and in understanding how nursing assessment and intervention play a vital role in the care of the adult.

**Outcomes and Evaluation**
There are 8 competencies covered by this course of study; they are listed in the "Competencies for CASAL II (CFT1)" page.

**Nursing Dispositions Statement**
Please review the Statement of Nursing Dispositions.

You will be evaluated on the completion of assigned activities, demonstration of required skills, performance on simulations, performance in a clinical setting, and completion of a performance assessment in Pass-Port. You will be asked to upload some additional assignments into Pass-Port.

**Objective Assessment**
You will complete the following objective assessment:

- CFT1

For specific information about this assessment, click the link under the “Assessment Type” column of your Degree Plan. If you do not pass this exam, you will be required to participate in remediation before attempting to retake it. Failure to pass CFT1 may result in being dismissed from the nursing program.

**Preparing for Success**

The information in this section is provided to help you become ready to complete this course of study. As you proceed, you will need to be organized in your studies in order to gain
competency in the indicated areas and prepare yourself to pass the final assessments.

**Your Learning Resources**
The learning resources listed in this section will be required to complete the activities in this course of study. Follow the instructions provided to access these resources as early as possible in order to give yourself time to become familiar with them.

**Automatically Enrolled Learning Resources**
You will be automatically enrolled at the activity level for the following learning resources. Simply click on the links provided in the activities to access the learning materials.

**Soomo Learning Environment**
The following learning environment will be utilized as the primary learning resource for completion of this course of study:

- [Caring Arts and Science Across the Lifespan II (CASAL II)](#)

This learning environment will contain links at the activity level to the following additional learning resources:

**VitalSource E-Texts**
The following textbooks are available to you as e-texts within this course of study. You will be directly linked to the specific readings required within the activities in the Soomo resource.


*Note: These e-texts are available to you as part of your program tuition and fees, but you may purchase hard copies at your own expense through a retailer of your choice. If you choose to do so, please use the ISBN listed to ensure that you receive the correct edition.*

**Enroll in Learning Resources**
You will need to enroll in or subscribe to learning resources as a part of this course of study. You may already have enrolled in these resources for other courses. Please check the "Learning Resources" tab and verify that you have access to the following learning resources. If you do not currently have access, please enroll or renew your enrollment at this time.

*Note: For instructions on how to enroll in or subscribe to learning resources through the "Learning Resources" tab, please see the "Acquiring Your Learning Resources" page.*

**Elsevier Evolve**
The following online course is separate from the e-text enrollment. Enroll for the following online courseware through the Learning Resources tab:

- Ignatavicius & Workman: Medical-Surgical Nursing (7th ed.)
For assistance locating the Evolve materials assigned in the activities of this course, see the following help document:

- Elsevier Evolve Navigation Instructions

**Evolve Case Studies Complete RN Collection 2014**

In addition to the courseware aligned to your e-text, your enrollment in Elsevier Evolve also provides access to Evolve's HESI Case Studies Complete RN Collection 2014. Once you have enrolled, please follow the instructions below to access the case studies for this course of study:

1. Log in to your account at Evolve.
2. Under the "My Evolve" tab (top left).
3. Click on "HESI Complete RN Collection."
4. Click on "HESI Case Studies."
5. Click on the folder "Medical-Surgical."
6. Select the assigned case and read the directions.

You will be provided feedback throughout the case study and a performance score upon completion.

**MyNursingLab Real Nursing Skills Videos**

This course of study utilizes videos from Pearson's MyNursingLab. You must enroll through the Learning Resources tab to access this resource. To access the videos, follow these instructions:

1. Log into MyNursingLab with your Pearson account information.
2. Under the "Your Courses and Products" section, select "MyNursingLab Resources for WGU".
3. In the window that opens, click on "CASAL II with MyNursingLab NEW EDITION September 2011" on the left-hand side of the screen.
4. Select "View all content" from the "Course Content" section.
5. Click on "MyNursingLab Videos, Animations, and Skills Videos".
6. Click on "Prentice Hall's Real Nursing Skills".
7. Select the assigned video.

*Note: Due to recent upgrades, some browser updates may be required in order to utilize MyNursingLab. If you have browser issues when attempting to log in, see the "Browser Tune-Up" section of the MyNursingLab System Requirements page*

**Assessment Technologies Institute (ATI)**

This course of study utilizes learning modules from ATI. Enroll for access through the Learning Resources tab. Follow the instructions below for specific directions.

**Joining ATI Section**

You already have an account in ATI, but you will need to enroll in the ATI Medical-Surgical Section associated with this course of study. You will remain in this section for CASAL II and for Chronic Care. See "How to Join a Section in ATI".
Skills Modules and Tutorials
Throughout this course you will be asked to complete skills and pharmacology tutorials available on the ATI website. Please complete the tutorial lessons and the post-tests as assigned. You must pass the post-test with a score of 75% or better. The time you spend in the tutorials is tracked by the program. Although you can repeat the post-test multiple times, only the first two attempts will be considered as an indication of your having mastered the content. The system does not permit you to repeat a post-test for 48 to 72 hours, so plan accordingly. If you do not pass on your second attempt, contact your course instructor for instructions about how you can further your understanding of the material. Be prepared to demonstrate your newly acquired skills in future learning labs and clinicals.

- How to Use Tutorials

ATI: Understanding Focused Reviews and Remediation
You will not take the ATI Medical-Surgical practice tests until you are in Chronic Care. However, you may want to engage in the Targeted Medical-Surgical 2010 Practice Assessments appropriate to this course of study. Practice tests should always be followed with the remediation exercises recommended by ATI. Plan on taking the practice test when recommended in the course of study or whenever you feel that you need a better and more in depth understanding of a topic. The ATI remediation can assist you in accessing what you need to increase your understanding of a specific area or topic.

- How to Take A Practice Assessment
- Remediation Instructions

Purchase Learning Resources
Listed below are the learning resource materials you will need to obtain.

Textbooks
Purchased already in CASAL I:


*Note: The WGU Bookstore has these books available for immediate purchase and delivery. To purchase these from the WGU bookstore, use the "Buy Now" link on the "Learning Resources" tab. You may shop at other online bookstores, but be sure to order early and use the ISBN listed to ensure that you receive the correct edition.*

iTouch Software
Purchased already in CASAL I:

- Nursing Central for Your PDA iTouch by Unbound Medicine

As a WGU nursing student, you are required to purchase Unbound Medicine’s Nursing
Central. This software includes *Davis’s Drug Guide*, *Davis’s Laboratory and Diagnostic Tests*, *Diseases and Disorders*, and the *Taber’s Cyclopedic Medical Dictionary*. You will be required to have this software available on your iTouch throughout your program. You will be expected to bring your iTouch to both your learning labs and your clinical intensives.

Access "[Nursing Central iPhone Demo](#)") to view the YouTube demo.

*Note: Nursing Central can also be accessed from your desktop, but you are required to have it on your iTouch. You will automatically obtain the latest edition of Nursing Central when you purchase and download it. Every time you sync your iTouch PDA with *Unbound Medicine*, you will also automatically receive the latest updates and editions.*

- Nurse's Pocket Guide for your PDA iTouch by Unbound Medicine

This application is a valuable resource and is being offered at a discounted price to WGU students. It is strongly recommended that you purchase the Nurse's Pocket Guide along with Nursing Central.

Access [Unbound Medicine](#) to purchase two years of access to these products at a discount.

### Other Learning Resources

You will use the following learning resources for this course of study.

**Supplemental NCLEX Study Guide**

To assist you in preparing for the NCLEX exam and to review content, the following book is available to you in e-text form. This text is supplemental and will not be linked specifically in any of the activities, but you have access to this resource in e-text form by clicking the linked title provided below:


This resource is strongly recommended to help you review content, assess your knowledge, and experience taking practice test questions. You may be asked to review sections of this resource in order to prepare for an objective assessment, or to remediate after failing to successfully pass an assessment or practice assessment.

**Additional Preparation**

There are many different learning tools available to you within your course of study in addition to the learning resources already discussed. Take the time to familiarize yourself with them and
determine how best to fit them into your learning process.

**Message Boards, FAQs, Note-Taking Tool**

Message boards, FAQs, and a note-taking tool are available in every course of study.

Use the "Additional Learning Tools" page to review these tools.

**CASAL II Community**

You will find a link to the CASAL II Community on your learning resource tab. This community contains announcements, student postings and mentor tips for successfully completing this course of study. All students are expected to access the community on a regular basis.

**The WGU Central Library**

The [WGU Central Library](#) is available online to WGU students 24 hours a day. The library offers access to a number of resources, including over 60,000 full-text e-books; articles from journals, magazines, and newspapers; course e-reserves; and tutorials on how to use these resources and the library. The library also includes a reference service for help with research questions or navigating the library.

For more information about using the WGU Library, view the "WGU Library: Finding Articles, Books & E-Reserves" video in the Student Resources section of [The WGU Channel](#).

**Center for Writing Excellence: The WGU Writing Center**

You will be required to use the WGU Writing Center in this course of study. If you need help with any part of the writing or revision process, contact the Center for Writing Excellence (CWE). Whatever your needs—writing anxiety, grammar, general college writing concerns, or even ESL language-related writing issues—the CWE is available to help you. The CWE offers personalized individual sessions and weekly group webinars. For an appointment, please e-mail writingcenter@wgu.edu.

**Course Instructor Assistance**

Course instructors are available to help you. Their job is to aid understanding in areas where you need to improve and to guide you to learning resources. Request their help as needed when preparing for assessments.

Course instructors cannot provide reviews of entire assessments. If you fail assessment attempts, review the provided feedback first, then ask the course instructor specific questions about what you can do to meet the competency standard. Request course instructor assistance as necessary in preparing for second attempts at objective assessments or performance task revisions. Mentors cannot guarantee you pass as they do not evaluate assessments; however, they can provide the assistance and advice necessary to help you succeed.

**Nursing Standards**

You will be able to access Nursing Professional Standards as they apply to your program through the WGU Library. Please access these documents at the following website:
Clinical Preparation

Preparing for Clinical Intensive and Clinical Learning Labs
There is a great deal of preparation that accompanies a course of study with a clinical intensive. This course of study includes assignments that you must complete in order to attend clinical.

Attend Clinical Learning Labs
In the clinical learning labs, you will learn specific nursing skills that you will then apply in simulated patient care scenarios. After approximately five weeks, you will complete the "first attempt" simulation assessment, which takes place in the clinical learning lab. This is an assessment of your ability to respond appropriately in patient care scenarios, and demonstrate clinical skills and your ability to think critically. If you are not successful in this "first attempt" you will participate in a debriefing to identify your challenges to help you prepare for your final attempt (see CFT1 COS for further information). The simulation assessment (first or final attempt) must be passed in order for you to attend clinical intensive (AHA1). Please review the "Course Progression" policy in the Student Handbook for further information.

Attend Clinical Intensive
Once you have completed the theory portion of this course of study and passed the clinical learning lab assessment, you will be ready to engage in the in-hospital clinical experience. This typically occurs during or after the eighth week of the course. Based on your performance in the course, your mentor will refer you for clinical intensive. If referred, the Clinical Placement Scheduler will schedule and notify you of your clinical placement. Once in clinical intensive, you are expected to adhere to professional standards in clinical practice. Please refer to the Student Handbook and the CFT1 COS for more information.

PASS-PORT

Accessing and Using Pass-Port
You will need to access the portfolio software, Pass-Port, used in this course of study and many other courses of study. You will use this software to create a clinical journal and to receive feedback while attending clinical.

- Accessing PASS-PORT
- Creating a Clinical Form
- How to Use Your Clinical Experience Form
- Requesting a Recommendation

Caring Arts and Science Across the Lifespan (CASAL II)
Learning Environment

All reading activities, discussion questions, quizzes, and learning resources for this course of study are found by accessing the Caring Arts and science across the Lifespan (CASAL II) learning environment.

Competencies covered by this subject
- Genomics in Adult Care
The graduate plans and provides patient care that incorporates genomic influences and risks and provides patient education that recognizes individual attitudes and values.

- **Patient Centered Care of the Adult**

The graduate uses cognitive knowledge and clinical reasoning to incorporate the principles of patient-centered care when planning and providing care to adults impacted by common injuries and/or diseases.

- **Care of the Adult with Alterations in Neurosensory Function**

The graduate uses cognitive knowledge and clinical reasoning to provide safe, quality, patient-centered care to adults experiencing alterations in neurosensory function.

- **Care of the Adult with Alterations in Oxygenation**

The graduate uses cognitive knowledge and clinical reasoning to plan and provide safe, quality, patient-centered care to adults experiencing alterations in oxygenation.

- **Care of the Adult with Alterations in Circulation**

The graduate uses cognitive knowledge and clinical reasoning to plan and provide safe, quality, patient-centered care to adults experiencing alterations in circulatory function.

- **Management of the Perioperative Care Continuum**

The graduate plans and provides perioperative nursing care that ensures safety, quality, and continuity of care during the preoperative, intraoperative, and postoperative periods.

- **Fundamental Patient Self Determination & Advocacy**

The graduate engages patients in clarifying their health values and beliefs leading to informed self determination decisions and advocates for patient choices.

- **End-of-Life Care**

The graduate uses cognitive knowledge, clinical reasoning, and cultural competence to collaborate with patients, family/caretaker, and the healthcare team to provide compassionate, patient-centered end-of-life care.

### Learning Environment

The material for this course of study is housed in a separate learning environment. In this learning resource, you will be able to

- complete the activities and reading assignments to prepare for the assessment for this course;
- answer the quizzes to gauge your learning; and
- communicate with your mentor and other students as you study.

Once you have completed the material within the learning environment, you should return to this course of study for the information for your exam.

### Learning Materials

Access the learning environment for this course at the following link and complete the readings, activities, and quizzes for the following section:

- **Caring Arts and Science Across the Lifespan II (CASAL II)**

### Final Steps
Congratulations on completing the activities in this course of study! This section will guide you through the assessment process.

**Assessment Information**

The activities in this course of study have prepared you to complete the CFT1 performance assessment. If you have not already completed the assessment, you will do so now.

**Accessing Performance Assessments**

You should have completed the following tasks as you worked through this course of study. If you have not completed the tasks in TaskStream, do so now.

- CFT1 Task 3
- CFT1 Task 4

For directions on how to receive access to performance assessments, see the "Accessing Performance Assessments" page.

**Feedback**

WGU values your input! If you have comments, concerns, or suggestions for improvement of this course, please submit your feedback using the following form:

- Course Feedback

**ADA Policy**

Western Governors University recognizes and fulfills its obligations under the Americans with Disabilities Act of 1990 (ADA), the Rehabilitation Act of 1973 and similar state laws. Western Governors University is committed to provide reasonable accommodation(s) to qualified disabled learners in University programs and activities as is required by applicable law(s). ADA Support Services serves as the principal point of contact for students seeking accommodations and can be contacted at ADASupport@wgu.edu. Further information on WGU's ADA policy and process can be viewed in the student handbook at the following link:

- Policies and Procedures for Students with Disabilities