Introduction

This course supports clinical lab learning

After approximately seven weeks, you will complete the skills assessment, which takes place in the clinical learning lab. This is an assessment of your ability to perform specific nursing skills. The skills assessment must be passed in order for you to attend clinical intensive (FYA1). Please review the "Course Progression" policy in the Student Handbook for further information.

Competencies

This course provides guidance to help you demonstrate the following 9 competencies:

- **Competency 726.2.1: Principles of Homeostasis**
  The graduate integrates principles of homeostasis in assessing and responding to needs and changes in the adult patient.

- **Competency 726.2.2: History & Physical Assessment of the Adult Patient**
  The graduate obtains a health history and performs a general physical assessment on the adult patient.

- **Competency 726.2.3: Principles of Safe Medication Administration**
  The graduate administers medications to the adult patient using safe, patient-centered practices incorporating principles of medication error prevention.

- **Competency 726.2.4: Principles of Oxygenation**
  The graduate integrates principles of oxygenation in assessing and responding to needs and changes in patients.

- **Competency 726.2.5: Principles of Nutrition, Metabolism, & Elimination**
  The graduate integrates principles of nutrition, metabolism, and elimination in assessing and responding to needs and changes in the patient.

- **Competency 726.2.6: Principles of Skin Integrity, Activity, & Mobility**
  The graduate integrates principles of skin integrity, activity, and mobility in assessing and responding to needs and changes in the patient.

- **Competency 726.2.7: Principles of Cognition, Self-Concept, Spirituality, & Sexuality**
  The graduate integrates principles of cognition, self-concept, spirituality, and sexuality in assessing and responding to needs and changes in adult patients.

- **Competency 726.2.8: Principles of Comfort**
  The graduate integrates principles of comfort in assessing and responding to physical and emotional needs and changes in adult patients.

- **Competency 726.2.9: Principles of Patient Education**
  The graduate integrates principles of patient education in assessing and responding to learning needs of patients and families.
Nursing Dispositions Statement
Please review the Statement of Nursing Dispositions.

Course Instructor Assistance
As you prepare to demonstrate competency in this subject, remember that course instructors stand ready to help you reach your educational goals. As subject matter experts, instructors enjoy and take pride in helping students become reflective learners, problem solvers, and critical thinkers. Course instructors are excited to hear from you and eager to work with you.

Successful students report that working with a course instructor is the key to their success. Course instructors are able to share tips on approaches, tools, and skills that can help you apply the content you're studying. They also provide guidance in assessment preparation strategies and troubleshoot areas of deficiency. Even if things don't work out on your first try, course instructors act as a support system to guide you through the revision process. You should expect to work with course instructors for the duration of your coursework, and you are encouraged to contact them as soon as you begin. Course instructors are fully committed to your success!

Pacing Guide

This pacing guide will help you with time management and planning for this course. The topics and pacing are broken into blocks of learning consistent with the topics an average student can complete in roughly a week, but variations are common depending on student needs and situations.

Course Content

Block of Learning 1
1.1 Orientation and Learning Lab
1.2 Health Assessment and Physical Assessment
1.3 ATI Skills Module: Physical Assessment (Adult)
1.4 Medication Administration
1.5 ATI Skills Module: Medication Administration (1,2,3)
1.6 Potter and Perry Clinical Nursing Skills and Techniques Book (Medication Administration)
1.7 ATI Skills Module: Specimen Collection

Block of Learning 2
2.1 Prepare for Learning Lab
2.2 Instructions for Clinical Learning Lab
2.3 Oxygenation
2.4 ATI Skills Module: Oxygen Therapy
2.5 Potter and Perry Clinical Nursing Skills and Techniques Book Skills for Lab (Oxygenation and sterile technique)
2.6 ATI Skills Modules: Surgical Aspects
2.7 Nutrition
2.8 ATI Skills Modules: Nutrition, Feeding and Eating; Nasogastric Intubation; Enteral tube
Feeding
2.9 Potter and Perry Clinical Nursing Skills and Techniques Book Skills for Lab (Nutritional Management and Blood Glucose Monitoring)
2.10 Urinary Elimination
2.11 ATI Skills Module: Urinary Catheter Care
2.12 Potter and Perry Clinical Nursing Skills and Techniques Book Skills for Lab (Urinary Elimination)
2.13 Bowel Elimination
2.14 ATI Skills Module: Enemas
2.15 Potter and Perry Clinical Nursing Skills and Techniques Book Skills for Lab (Bowel Elimination)

Block of Learning 3
3.1 Skin Integrity and Wound Care
3.2 ATI Skills Modules: Wound Care
3.3 Home Care and the Elderly: Bedrest, Skin Care and Bedsore Prevention
3.4 Potter and Perry Clinical Nursing Skills and Techniques Book Skills for the Lab (Wound Care and Dressings)
3.5 Learning System E-Text: Mobility and Immobility

Block of Learning 4
4.1 ATI Targeted Medical Surgical – Fluid, Electrolyte and Acid-Based Practice Test
4.2 Fluid, Electrolyte and Acid-Base Balance

Block of Learning 5
5.1 Instructions on Scheduling Your Course Assessment Exam
5.2 Pain Management
5.3 ATI Skills Module: Pain Management
5.4 Delegation
5.5 Prepare for your course Assessment Exam
5.6 Complete pre-assessment 1

Block of Learning 6
6.1 Caring Arts and Sciences Across the Lifespan I Clinical Intensive
6.2 Sensory Alterations
6.3 Sleep
6.4 Understanding Case Management

Block of Learning 7
7.1 Learning System E-Text: Sexuality
7.2 Spiritual Health
7.3 Complete pre-assessment 2

Block of Learning 8
8.1 Prepare to Take Your Objective Assessment This Week
Preparing for Success

The information in this section is provided to detail the resources available for you to use as you complete this course.

Learning Resources
The learning resources listed in this section are required to complete the activities in this course. For many resources, WGU has provided automatic access through the course. However, you may need to manually enroll in or independently acquire other resources. Read the full instructions provided to ensure that you have access to all of your resources in a timely manner.

Automatically Enrolled Resources

The clinical learning lab (FXA1) and the clinical intensive (FYA1) portions of Caring Arts and Science Across the Lifespan I are taken together with and completed in progressive fashion with the didactic assessment for CASAL I (C469).

You will be automatically enrolled in all of the learning resources for these assessments. They are found within the following Soomo environment.

Soomo Learning Environment
The following learning environment will be utilized as the primary learning resource for completion of this course:

Caring Arts and Science Across the Lifespan I (CASAL 1)

ATI Learning System

The ATI Learning System includes comprehensive resource to help you gain critical thinking skills and a comprehensive nursing knowledge base needed to be a great nurse. Within the ATI Learning System, you will have access to the following resources:

- Clinical Skills Modules
- Dosage Calculation and Safe Medication Administration Modules
- Pharmacology Made Easy
- Nurse Logic
- RN Review eBooks
- Practice Quizzes
- Remediation Activities, including Focused Reviews and Active Learning Templates

You can access ATI resources in two ways. First, you can access all ATI resources by clicking on the link provided for the ATI Home Page.

- ATI landing page

Second, you can access specific ATI resources by clicking on the links provided throughout the course.
Click on the link below for more information about navigating the ATI Learning System:

ATI Plan – —Student Getting Started with ATI

ATI Plan – —Student Orientation NEW

**VitalSource E-Texts**
The following textbooks are available to you as e-texts within this course. You will be directly linked to the specific readings required within the activities that follow.


*Note: These e-texts are available to you as part of your program tuition and fees, but you may purchase hard copies at your own expense through a retailer of your choice. If you choose to do so, please use the ISBN listed to ensure that you receive the correct edition.*

**Accessing and Using PASS-PORT**
You will need to access the portfolio software PASS-PORT used in this course and many other courses. You will use this software to create a clinical journal and to receive feedback while attending clinical.

- Accessing PASS-PORT
- Creating a Clinical Form
- How to Use Your Clinical Experience Form
- Requesting a Recommendation

**Other Learning Resources**

**Unbound Medicine’s Nursing Central**

*Unbound Medicine’s Nursing Central* is a multi-dimensional application that puts essential nursing tools conveniently at your fingertips. The application includes current evidence-based resources that are used by healthcare professionals throughout the field. Use the resources to look up diseases, drugs, lab tests, procedures, or vocabulary in the lab or clinical setting for just-in-time learning to aid your patient care. Illustrations and videos are also available.

The application can also guide your studies and practice. Do you have topics that require a little more time and attention? Use Grasp to create your own flashcard deck or access decks shared by other learners.

You will also have access to the following content:

- *Davis’s Drug Guide*
You will use the following learning resources for this course.

**Supplemental NCLEX Study Guide**
To assist you in preparing for the NCLEX exam and to review content, the following book is available to you in e-text form. This text is supplemental and will not be linked specifically in any of the activities, but you have access to this resource in e-text form by clicking the linked title provided below:


**WGUNursesRock**
The [WGUNursesRock](#) website is an excellent resource to help you throughout your studies in the BSRN nursing program. It was developed by one of the course instructors for this program. The site includes resources to help with test taking, prioritizing your time, management, how to utilize SBAR, resources on the body systems, and pharmacology and lab values. If you are looking for more information on any of these topics don’t hesitate to check out [WGUNursesRock](#).

**CASAL I Learning Community**
You will find a link to the CASAL I Learning Community on your Learning Resources tab. This community contains announcements, student postings, and instructor tips for successfully completing this course. All students are expected to access the community on a regular basis.

**Clinical Skills**

Skills modules, videos, practice questions and tutorials will assist you in preparing for clinical practice, skills laboratory evaluation and the course objective assessment. The learning resources demonstrate evidence-based practice standards. You are expected to understand both the process (how) and implications (why) for completing clinical skills safely. We strongly encourage you to use and complete the learning activities within the provided resources before attending skills lab and clinical rotations.

Two essential learning resources are located within the Course of Study. They include Evolve
Clinical Skills and the ATI Clinical Skills Modules.

Within each ATI Clinical Skills Module, there is a pretest, lesson and post-test. Each lesson contains an overview, terminology, accepted practice, step-by-step viewing, evidence-based research, practice challenges, FAQs and documentation. Each section must be completed. The post-test will help you evaluate your understanding and application of the content.

The ATI Learning System also includes Active Learning Templates. These tools can assist with note-taking and are useful study resources.

Preparing for Clinical Intensive and Clinical Learning Labs

There is a great deal of preparation that accompanies a course with a clinical intensive. This course includes assignments that you must complete in order to attend clinical.

Attend Clinical Learning Labs

In the clinical learning labs, you will learn specific nursing skills that you need in order to provide safe, quality nursing care. You will be required to demonstrate your skills competency in a nursing skills assessment on the last scheduled day of lab. You must pass this assessment in order to progress to clinical. Please review "Course Progression" in the Student Handbook for more information.

Attend Clinical Intensive

Once you have completed the theory portion of this course and passed the clinical learning lab assessment, you will be ready to engage in the in-hospital clinical experience. This typically occurs during or after the eighth week of the course. Based on your performance in the course, your instructor will refer you for clinical intensive. If referred, the Clinical Placement Scheduler will schedule and notify you of your clinical placement. Once in clinical intensive, you are expected to adhere to professional standards in clinical practice. Please refer to the Student Handbook and the CASAL I learning environment for more information.

Nursing Standards

You will be able to access Nursing Professional Standards as they apply to your program through the WGU Library. Please access these documents at the following website:

- Nursing Standards E-Reserves

Caring Arts and Science Across the Lifespan (CASAL I) Learning Environment

All reading activities, discussion questions, quizzes, and learning resources for this course are found by accessing the Caring Arts and Science Across the Lifespan (CASAL I) learning environment.

Learning Environment
The material for this course is housed in a separate learning environment. In this learning resource, you will be able to

- complete the activities and reading assignments to prepare for the assessment for this course;
- answer the quizzes to gauge your learning; and
- communicate with your instructor and other students as you study.

Once you have completed the material within the learning environment, you should return to this course for the information for your exam.

This topic addressed the following competencies:

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**Learning Materials**

Access the learning environment for this course at the following link and complete the readings, activities, and quizzes for the following section:
Final Steps

Congratulations on completing the activities in this course! This course has prepared you to complete the assessments associated with this course. If you have not already been directed to complete the assessments, schedule and complete your assessments now.