



This course supports the assessments for Introduction to Psychology. The course covers 8 competencies and represents 3 competency units.

Introduction

Overview

Welcome to Introduction to Psychology! You will develop an understanding of psychology and how it helps you better understand others and yourself. You will learn general theories about psychological development, the structure of the brain, and how psychologists study behavior. You will also gain an understanding of both normal and disordered psychological behaviors, as well as general applications of the science of psychology in society.

Getting Started

In this course, you will use Acrobatiq's *Introduction to Psychology*. This is an interactive, module-based learning resource, which includes text to read, videos to watch, and questions to help you practice retrieving and applying your knowledge. At the end of each module, you will find a quiz you can use to assess whether you really have mastered the material. When you have completed the learning modules, you will demonstrate your competence by passing an objective assessment.

Competencies

This course provides guidance to help you demonstrate the following 8 competencies:

- **Competency 138.1.1: Research in Psychology**
The graduate analyzes how the scientific method is used in psychology.
- **Competency 138.1.2: Neurobiology**
The graduate analyzes the role and function of the brain, nervous system, and endocrine system in human psychology.
- **Competency 138.1.3: Stages of Development**
The graduate examines key developmental milestones across the life span.
- **Competency 138.1.4: Social Cognition**
The graduate examines the processes of social cognition and their effects on social interactions.
- **Competency 138.1.5: Behaviorism and Learning Theories**
The graduate examines the relationships among classical, operant, and observational learning theories.
- **Competency 138.1.6: Intelligence and Memory**
The graduate examines the relationships between intelligence and memory.
- **Competency 138.1.7: Emotion, Motivation, and Personality**
The graduate examines the significant characteristics of major theories of emotion, motivation, and personality.



- **Competency 138.1.8: Psychological Disorders**

The graduate examines the principle causes, prevalence, and basic treatments of psychological disorders.

Course Mentor Assistance

As you prepare to successfully demonstrate competency in this subject, remember that course mentors stand ready to help you reach your educational goals. As subject matter experts, mentors enjoy and take pride in helping students become reflective learners, problem solvers, and critical thinkers. Course mentors are excited to hear from you and eager to work with you.

Successful students report that working with a course mentor is the key to their success. Course mentors are able to share tips on approaches, tools, and skills that can help you apply the content you're studying. They also provide guidance in assessment preparation strategies and troubleshoot areas of deficiency. Even if things don't work out on your first try, course mentors act as a support system to help you prepare for another attempt. You should expect to work with course mentors for the duration of your coursework, and you are encouraged to contact them as soon as you begin. Course mentors are fully committed to your success!

Learning

Read through all the information in this section before launching your course. This information will help you in your learning.

Using the Acrobatiq Learning Resources

Follow the steps below as you work through the learning resource:

1. Read the material for each module and take notes of vocabulary, important concepts and examples.
2. Complete all the activities and exercises.
3. Take the quiz at the end of each module to test your understanding.

Pacing Guide

Week 1

- Topic: The Story of Psychology
- Unit 2: 1, 2, 3
- Topic: Psychology Research
- Unit 3: 4, 5
- Topic: Biology of Mind
- Unit 4: 6, 7, 8, 9



- Topic: Science of Senses
- Unit 5: 10, 11, 12, 13

Week 2

- Topic: States of Consciousness
- Unit 17: 57, 58, 59
- Topic: Prenatal and Newborn Development
- Unit 10: 25, 26
- Topic: Infancy and Childhood Development
- Unit 10: 27, 28
- Topic: Adolescent Development
- Unit 10: 29
- Topic: Adulthood and Aging
- Unit 10: 30
- Topic: Social Thinking
- Unit 13: 37
- Topic: Social Influences and Relations
- Unit 13: 38, 39

Week 3

- Topic: Classical Conditioning
- Unit 6: Classical Conditioning
- Topic: Operant Conditioning
- Unit 6: 14
- Topic: Learning by Observation
- Unit 6: 15
- Topic: Memory
- Unit 7: 16, 17, 18, 19

Week 4

- Topic: Intelligence
- Unit 9: 21, 22, 23, 24
- Topic: Emotion
- Unit 11: 31, 32
- Topic: Motivation
- Unit 11: 33

Week 5



- Topic: Personality
 - Unit 12: 34, 35, 36
- Topic: Disorders
 - Unit 15: 46, 47, 48, 49, 50, 51, 52
- Topic: Treatment of Disorders
 - Unit 16: 53, 54, 55, 56

Week 6

- Assessments:
 - Take (or retake) the pre-assessment
 - Use the coaching report to review for the assessment

Live Webinars

The course mentors invite you to attend a live webinar offered for students. We'll discuss various topics from this course and answer student questions. We hope to see you there!

Please note, the [webinars are scheduled in MOUNTAIN Time](#).

To speak with a course mentor outside of the live webinars send an email to c180@wgu.edu. They are happy to discuss course concepts or answer any questions you might have.

The Learning Community might also be helpful to you. It is located in this course on the upper right-hand side of the page. Here, you will find Course Announcements and Course Tips. You can also use the Course Search function to access resources in the Knowledge Base, and you can communicate with fellow students and ask questions of your course mentors by using Course Chatter.

Study Guide

Before you begin working in the learning resource, you should download the [course study guide](#).

This study guide will help you prepare for the objective assessment. You should take notes on each of the questions as you work through the related chapters. After completing your work in this course, your study guide will be a valuable resource for reviewing the course material before taking your pre-assessment and objective assessment.

Launch Your Course

Once you are ready to start or are actively working in this course of study, mark the activity below as complete. You only need to complete this step once.

Mark Complete



Before launching your course, mark this activity complete.

Assessment Prep

Preassessment

Students with a strong psychology background may wish to take the preassessment early to help them identify the specific areas to focus on in their studying. Those without a strong psychology background are typically more successful if they work through the course content first, before taking the preassessment. The preassessment can then be used to determine readiness for the objective assessment.

The preassessment is a tool to help you determine where your areas of strength and weakness are with the content. You can use the coaching report to determine where you should focus your efforts in preparing for the assessment.

Objective Assessment

As you prepare for your assessments, please keep in mind that the objectives for the course provide a very helpful guide to direct your studies. Please use the objectives listed in the table on the Introduction page to assist your review of material as you prepare for your objective exam.

First Attempt Checklist

To make sure you have the best chance possible to pass the exam on your first attempt, the following should be completed before you schedule to take it:

1. Read all of the assigned content in the learning resource.
2. Complete the activities associated with each section with a score of 80% or higher.
3. Make sure you can answer all of the study questions associated with each objective in the course.
4. Watch the videos for additional help with any learning objective you are struggling with.
5. Take the preassessment and pass with a score of 80% or better.
6. Contact a course mentor for additional resources and valuable test-taking strategies. This is very important, as a course mentor can provide valuable advice and save you time on exam preparation.

If the first attempt is failed, you will be required to get in contact with the course mentor to see what went wrong and how you can prepare to make sure your second attempt is a success. Once the course mentor feels you are ready to refer for the second attempt of the exam, he or she will approve your second exam attempt.



Accessibility Policy

Western Governors University recognizes and fulfills its obligations under the Americans with Disabilities Act of 1990 (ADA), the Rehabilitation Act of 1973 and similar state laws. Western Governors University is committed to provide reasonable accommodation(s) to qualified disabled learners in University programs and activities as is required by applicable law(s). The Office of Student Accessibility Services serves as the principal point of contact for students seeking accommodations and can be contacted at ADASupport@wgu.edu. Further information on WGU's Accessibility policy and process can be viewed in the student handbook at the following link:

Student Support

Course Feedback

WGU values your input! If you have comments, concerns, or suggestions for improvement of this course, please submit your feedback using the following form:

Student Success Center

The Student Success Center provides relevant resources and direct support to facilitate student success. Student Success Specialists offer support in areas such as computer skills, goal setting, time management, test taking, and much more. If you need additional academic support, you are invited to visit the Student Success Center website to access available resources, attend scheduled webinars on topics of interest, or request an appointment to receive individualized support.

WGU Library

Access the WGU Library 24 hours a day, 7 days a week.



WGU Writing Center

If you need help with any part of the writing or revision process, contact the WGU Writing Center. Whatever your needs-writing anxiety, grammar, general college writing concerns, or even ESL language-related writing issues-the Writing Center is available to help you. The Writing Center offers personalized individual sessions and weekly group webinars. For an appointment, please e-mail writingcenter@wgu.edu .