This course supports the clinical intensive for Caring Arts Across the Lifespan I (AYA1), in conjunction with CASAL I (DTV1). You attend clinical intensive after you have successfully completed the skills assessment for this course (AXA1). The course covers 9 competencies and represents 1 competency unit.

Introduction

The Clinical Intensive portion is integrated with the didactic course for Caring Arts and Sciences Across the Lifespan I. All learning resources, and the Soomo learning environment for this portion of the course, are also utilized in the CASAL I course.

Your assessment is based on your preparation for clinical intensive (including opening a clinical field experience in Pass-Port), participation in post-conference, making entries in your daily journal, observations from your coach, and a positive recommendation of the clinical instructor who supervises your clinical intensive. Assessment of your clinical intensive also includes your ability to demonstrate an appropriate disposition essential to professional practice. Please review the Student Handbook policies regarding clinical intensives and course progression for further information.

Competencies

This course provides guidance to help you demonstrate the following 9 competencies:

- **Competency 726.2.1: Principles of Homeostasis**
  The graduate integrates principles of homeostasis in assessing and responding to needs and changes in the adult patient.

- **Competency 726.2.2: History & Physical Assessment of the Adult Patient**
  The graduate obtains a health history and performs a general head to toe physical assessment on the adult patient.

- **Competency 726.2.3: Principles of Safe Medication Administration**
  The graduate administers medications to the adult patient using safe, patient-centered practices incorporating principles of medication error prevention.

- **Competency 726.2.4: Principles of Oxygenation**
  The graduate integrates principles of oxygenation in assessing and responding to needs and changes in patients.

- **Competency 726.2.5: Principles of Nutrition, Metabolism, & Elimination**
  The graduate integrates principles of nutrition, metabolism and elimination in assessing and responding to needs and changes in the patient.

- **Competency 726.2.6: Principles of Skin Integrity, Activity, & Mobility**
  The graduate integrates principles of skin integrity, activity, and mobility in assessing and responding to needs and changes in the patient.

- **Competency 726.2.7: Principles of Cognition, Self-Concept, Spirituality, & Sexuality**
  The graduate integrates principles of cognition, self-concept, spirituality, and sexuality in assessing and responding to needs and changes in adult patients.

- **Competency 726.2.8: Principles of Comfort**
The graduate integrates principles of comfort in assessing and responding to physical and emotional needs and changes in adult patients.

- **Competency 726.2.9: Principles of Patient Education**
  The graduate integrates principles of patient education in assessing and responding to learning needs of patients and families.

**Nursing Standards**
You will be able to access Nursing Professional Standards as they apply to your program through the WGU Library. Please access these documents at the following website:

- [Nursing Standards E-Reserves](#)

**Nursing Dispositions Statement**
Please review the [Statement of Nursing Dispositions](#).

**Course Instructor Assistance**
As you prepare to successfully demonstrate competency in this subject, remember that course instructors stand ready to help you reach your educational goals. As subject matter experts, mentors enjoy and take pride in helping students become reflective learners, problem solvers, and critical thinkers. Course instructors are excited to hear from you and eager to work with you.

Successful students report that working with a course instructor is the key to their success. Course instructors are able to share tips on approaches, tools, and skills that can help you apply the content you’re studying. They also provide guidance in assessment preparation strategies and troubleshoot areas of deficiency. Even if things don’t work out on your first try, course instructors act as a support system to guide you through the revision process. You should expect to work with course instructors for the duration of your coursework, and you are encouraged to contact them as soon as you begin. Course instructors are fully committed to your success!

**Preparing for Success**

The information in this section is provided to detail the resources available for you to use as you complete this course.

**Learning Resources**
The learning resources listed in this section are required to complete the activities in this course. For many resources, WGU has provided automatic access through the course. However, you may need to manually enroll in or independently acquire other resources. Read the full instructions provided to ensure that you have access to all of your resources in a timely manner.

**Manually Enrolled Resources**

You will be enrolled in this resource manually by our learning resources staff within two business days of the starting month. Go to the following website to login with the listed credentials:

- [Mosby Skills Login](#)
Login Credentials:

• Username: [Your WGU portal login]
• Password: hello

The different sets of skills you will interact with throughout your program are listed under the Pending Tasks or Tasks link. Follow the instructions within the Soomo learning environment to access the appropriate skills for your course.

Automatically Enrolled Resources

The clinical learning lab (AXA1) and the clinical intensive (AYA1) portions of Caring Arts and Sciences Across the Lifespan I are taken together with and completed in progressive fashion with the didactic assessment for CASAL I (DTV1). You will be automatically enrolled in all of the learning resources for these assessments. They are found within the following Soomo environment.

Soomo Learning Environment

The following learning environment will be utilized as the primary learning resource for completion of this course:

• Caring Arts and Science Across the Lifespan I (CASAL 1)

For a complete listing of the resources utilized in the Soomo environment, please see the CASAL I course.

Pacing Guide

The pacing guide suggests a weekly structure to pace your completion of learning activities. It is provided as a suggestion and does not represent a mandatory schedule. Follow the pacing guide carefully to complete the course in the suggested timeframe.

• Pacing Guide: Caring Arts and Sciences Across the Lifespan I (CASAL I)

Note: This pacing guide does not replace the course. Please continue to refer to the course for a comprehensive list of the resources and activities.

Additional Preparation

There are many different learning tools available to you within your course of study in addition to the learning resources already discussed. Take the time to familiarize yourself with them and determine how best to fit them into your learning process.

Nursing Standards

You will be able to access Nursing Professional Standards as they apply to your program through the WGU Library. Please access these documents at the following website:

• WGU Library Nursing E-Reserves

Clinical Preparations
Preparing for Clinical Intensive
Once you have completed the theory requirements to attend clinical intensive, and passed the clinical learning lab assessment (AXA1), you are ready to engage in the clinical intensive for this course. Based on your performance in the course, your mentor will refer you for clinical intensive. If referred, the Clinical Placement Scheduler will schedule and notify you of your clinical placement. Once in clinical intensive, you are expected to adhere to professional standards in clinical practice. Please refer to the Student Handbook and the DTV1 COS for more information.

PASS-PORT

Accessing and Using PASS-PORT
You will need to access the portfolio software, PASS-PORT, used in this course of study and many other courses of study. You will use this software to create a clinical journal and to receive feedback while attending clinical.

- Accessing PASS-PORT
- Creating a Clinical Field Experience Form
- How to Use Your Clinical Experience Form
- Requesting a Recommendation

Caring Arts and Science Across the Lifespan (CASAL I)
Learning Environment

All reading activities, discussion questions, quizzes, and learning resources for this course are found by accessing the Caring Arts and Science Across the Lifespan (CASAL I) learning environment.

Learning Environment
The material for this course is housed in a separate learning environment. In this learning resource, you will be able to

- complete the activities and reading assignments to prepare for the assessment for this course;
- answer the quizzes to gauge your learning; and
- communicate with your mentor and other students as you study.

Once you have completed the material within the learning environment, you should return to this course for the information for your exam.

This topic addressed the following competencies:

- Competency 726.2.1: Principles of Homeostasis
  The graduate integrates principles of homeostasis in assessing and responding to needs and changes in the adult patient.
- Competency 726.2.2: History & Physical Assessment of the Adult Patient
  The graduate obtains a health history and performs a general head to toe physical
assessment on the adult patient.

- Competency 726.2.3: Principles of Safe Medication Administration
  The graduate administers medications to the adult patient using safe, patient-centered practices incorporating principles of medication error prevention.

- Competency 726.2.4: Principles of Oxygenation
  The graduate integrates principles of oxygenation in assessing and responding to needs and changes in patients.

- Competency 726.2.5: Principles of Nutrition, Metabolism, & Elimination
  The graduate integrates principles of nutrition, metabolism and elimination in assessing and responding to needs and changes in the patient.

- Competency 726.2.6: Principles of Skin Integrity, Activity, & Mobility
  The graduate integrates principles of skin integrity, activity, and mobility in assessing and responding to needs and changes in the patient.

- Competency 726.2.7: Principles of Cognition, Self-Concept, Spirituality, & Sexuality
  The graduate integrates principles of cognition, self-concept, spirituality, and sexuality in assessing and responding to needs and changes in adult patients.

- Competency 726.2.8: Principles of Comfort
  The graduate integrates principles of comfort in assessing and responding to physical and emotional needs and changes in adult patients.

- Competency 726.2.9: Principles of Patient Education
  The graduate integrates principles of patient education in assessing and responding to learning needs of patients and families.

Learning Materials

Access the learning environment for this course at the following link and complete the readings, activities, and quizzes for the following section:

- Caring Arts and Science Across the Lifespan (CASAL 1)

Final Steps

Congratulations on completing the activities in this course! This course has prepared you to complete the assessments associated with this course. If you have not already been directed to complete the assessments, schedule and complete your assessments now.

The WGU Library

The WGU Library
The WGU Library is available online to WGU students 24 hours a day.

For more information about using the WGU Library, view the following videos on The WGU Channel:

Introducing the WGU library

*Note: To download this video, right-click the following link and choose "Save as...":* download
video.

Searching the WGU library

*Note: To download this video, right-click the following link and choose "Save as...": [download video]*

**Center for Writing Excellence: The WGU Writing Center**

If you need help with any part of the writing or revision process, contact the Center for Writing Excellence (CWE). Whatever your needs—writing anxiety, grammar, general college writing concerns, or even ESL language-related writing issues—the CWE is available to help you. The CWE offers personalized individual sessions and weekly group webinars. For an appointment, please e-mail writingcenter@wgu.edu.

**Feedback**

WGU values your input! If you have comments, concerns, or suggestions for improvement of this course, please submit your feedback using the following form:

- [Course Feedback](#)